

Hospital Promotions #2 | October 2023
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As we slowly transition into fall it seems that our old nemesis is making the news yet again. Yes, that right... COVID-19 seems to be in the news almost daily. Talk of restrictions and masks are discussed by those in the news; I say keep pushing forward, keep being creative and innovating ways to serve our hospitalized veterans until they say things have to change-we keep on getting on, ***Banding Together for our Veterans*** is our battle cry.

I sure hope everyone is having a blast looking for non-traditional ways to celebrate with our veterans but of course this time of year we want to “WOW” them with the traditional holidays too. The traditional holidays hold a special place in our hearts, memories from childhood and Christmas morning, the smell of turkey cooking and the taste of mom’s pumpkin pie.



Be on the lookout for volunteers because volunteers are a priceless asset to our nation’s veterans and to the Department of Veterans Affairs.

Here is a list of ways you can volunteer:

- Volunteer Transportation Network Driver
- Greet veterans at the main entrance as a Red Coat Ambassador
- Become a part of the Compassionate Contact Corps
- Volunteer at National Cemeteries
- Make a monetary donation
- Play/organize bingo

Because the weather is changing and illnesses come and go frequently, we may not get into the hospital or home as often as we would like so please stay as active as you can.

Let’s talk about Whole Health...did you know the following are available to support your veteran’s health and well-being?

- Acupuncture
- Battlefield Acupuncture
- Biofeedback
- Chiropractic Care
- Guided Imagery
- Clinical Hypnosis/Hypnotherapy



-Massage Therapy

-Meditation

-Tia Chi/Qigong

-Yoga

-Health Coaches

-Whole Health Orientations

Check at your VA facility and with your care provider to see if these alternative measures are available to you.

Currently, all but three states have sent introduction letters and promotional materials to me, I think this is a wonderful start to the year. Keep up the great work everyone, your submissions are so inspiring.



1: Auxiliaries: Things that don't necessarily fall under any Auxiliary Program should be handed over to a VFW post for their use under Community Service. There is a form available on MALTA for this specific circumstance.

2: Please indicate what state you're from when you send me your Promotions.

3: It's never too early to start looking over those award entry forms that are due in March and keep your end-of-year report handy so you can track your progress.